



PRESENTS

Psychosynthesis Dynamics in Therapeutic Work

Behaviour Therapy

ENDORSED BY:



Equip yourself with the skills and techniques to
help your clients.

Develop new insights into recovery process!



I) Psychosynthesis Dynamics in Therapeutic Work : Guiding Techniques to Promote Self-Orientation and Personal Growth

Synopsis	<p>The training is aimed to equip counselling practitioners, pastoral care professionals, social workers and case managers with <u>core skills and primary techniques of psychosynthesis</u>.</p> <p>Psychosynthesis provides opportunity for helpers to work more creatively with the redemption of pain and evocation of potential in their clients.</p> <p>In demonstrating the practice of psychosynthesis, it enlarges the context of counselling and case management beyond the confines of symptom alleviation and problem-solving.</p>
Fee <i>*conditions apply</i>	<p>S\$400 (Pre-Approved VCF 60% funding, less \$240) Nett Fee after VCF = \$160 * [limited vacancies]</p>
Date/Time	26 November 2011 (Sat) 9am – 5pm
Trainers	Dr Jeffrey Po Mr David Kan
Pre-requisites	Participants should possess basic understanding of Counselling or working experience in Counselling/Psychotherapy fields.

2) Behaviour Therapy: *Effective Change Techniques for Treatment Intervention*

Synopsis

This programme provides pastoral care professionals, social workers, counsellors and case managers with constructive psychological approaches designed to help clients develop goals and appropriate action steps directed toward successful change. Professional helpers, care-givers and therapy practitioners will develop confidence and competence with the skills acquired, to converse with their clients about the dynamics of change and possess a range of skills which help the clients manage their lives more competently.

In effect, more effective methods are offered to fit clients' needs and develop new insights into the recovery process. They will also find informative strategies for tapping this rich therapeutic resource to administer positive self-modification for life-optimizing personal adjustments.

Fee

S\$350

Date/Time

To be advised (Sat) 9am – 5pm

Trainer

Mr David Kan

Pre-requisites

Participants should possess basic understanding of Counselling or working experience in Counselling/Psychotherapy fields.



Venue for Courses:

Family Life Centre

745 Toa Payoh Lorong 5 #01-00
The Actuary, Singapore 319455
(near Toa Payoh MRT station)

For more information and registration, please contact:

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