



FAMILY LIFE CENTRE

"...in the interest of others..."

presents

Prepare/Enrich

**One-day
Accreditation
Training
Workshop**





You can be trained & be qualified to conduct
PREPARE / ENRICH Programme
Become a better marriage counsellor and couple educator
One-Day Accreditation Training Workshop

The PREPARE/ENRICH programme is developed by Dr David Olson, to help couples prepare for marriage (PREPARE Programme) and to enrich the marriage for those already married (ENRICH Programme).

Program Concept:

This intensive one-day accreditation training workshop is developed to help social workers, therapists, professional people helpers, counsellors, clergy and religious leaders work more effectively with premarital and married couples.

The workshop teaches and certifies participants to administer, interpret and counsel using PREPARE, PREPARE-MC and ENRICH. The workshop qualifies participants to start using all four Inventories with couples. They are designed to assist counsellors and couples in focusing objectively on critical relationship issues.

Each inventory is intended to assess areas in which relationships need to grow and strengths that will enable them to progress in a positive direction. This is an effective instrument to help in enriching the marital lives of the couples.

The PREPARE/ENRICH inventories are comprehensive, diagnostically valuable and designed to generate a meaningful dialogue between the counsellor and the couple. The inventories have been scientifically developed to have high levels of reliability, validity and clinical utility.

Who should attend

- ♥ Social Workers
- ♥ Counsellors
- ♥ Therapists
- ♥ Clergy / Religious Leaders
- ♥ Professional People Helpers

*“PREPARE/ENRICH” tool provides me with a theoretically sound model and an effective diagnostic framework in premarital and marital education with couples. It also empowers me as a teacher and trainer in marriage and family enrichment ministries. “A big thank you to family Life Centre” ~ Dr Fung Cheung Kam
Sec. Assoc Professor - School of Theology. SBC*

Admission Criteria

- ✓ Possess a relevant tertiary qualification (Degree in Social Work, Counselling, Psychology, Pastoral Counselling or related disciplines) AND subject to an admission interview.

“The PREPARE/ENRICH programme offers individuals a chance to understand and appreciate their own emotive states, traits and personality. Equipped with the knowledge, the individual is better adjusted to manage his own life's path and that of his partner. The PREPARE/ENRICH programme is definitely a useful tool for couples planning to embark upon a life's journey of successful, endearing and enriching partnership.” ~ Dr. Jeffrey Po, PhD. Counselling Psychotherapist

Participants' Comments

“ ‘Men are from Mars and Women from Venus’ is a common phrase of differentiating the genders, therefore resulted in numerous communication issues. In the PREPARE/ENRICH programme, counsellors are able to assess the current progress of the couples’ relationship and help them learn ways to improve their interaction with their spouse. I benefited in facilitating the bridging of couples’ gender gap.” ~ Mr Eugene Chong, Psychologist

Seminar Director



David Kan is the Co-Founder, Executive Director and Senior Family Counsellor of Family Life Centre (FLC), a non-profit Voluntary Welfare Organisation (VWO) set up since 1996 providing family life education cum counselling services and marital enrichment programmes to the community-at-large. He has been overseeing the Community and Programme Development unit of FLC in administering welfare concerns, counselling services, training and networking projects with national authorities. David brings with him extensive years of experience and knowledge as a practitioner in youth, premarital and marital counselling.

David holds a Masters degree in Social Science, Counselling and a Professional Diploma in Human Resource Development and Training. He is a certified Seminar Director and Counsellor of 'PREPARE/ENRICH', a marriage preparatory cum enrichment program and a qualified and licensed practitioner of the widely used psychometric tool, Myers-Briggs Type Indicator® (MBTI®). David also possesses a 'Fellow and Diplomate' certification from the 'American Board of Medical Psychotherapists and Psychodiagnosticians'.

About Family Life Centre

Family Life Centre is a non-profit social welfare organisation registered with the Registrar of Societies. It is a community care outreach that provides counselling, training and educational programs to help meet the physical, emotional and physiological needs of the society.

For more information, please contact us:

* **FAMILY LIFE CENTRE** *

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Contact us for more details!

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W www.familylifectre.org

Date : a Saturday (date to be advised)

Time : 9am to 5pm

Training Cost: S\$500.00 per person (incl. Materials)